

ADVANCE INFORMATION



STICKER MEMORY CAFÉ

Opening in St Mark's Church Hall on
Tuesday 5th November 2019 from 2 – 4 p.m.

Every 1st and 3rd Tuesday each month

No Charge

For people with memory loss and their carers

Make new friends

Have a chat

Get support

Singing and gentle exercise

Word games and Memory Joggers

Free Parking

Refreshments

For further information:
Phone Catherine on 07717 333713
Or email Jean at jean.oswald@btopenworld.com

Funded to date by CRCC and St Mewan Parish Council

*Organised by St Austell Soroptimists, St Austell Lions and the residents
of Sticker*